



The Art of Public Speaking

Speak with Confidence. Present with Clarity.

Confidence • Clarity
Impact



Audience

Many professionals know their work but struggle to communicate it: in meetings, in front of stakeholders, or when defending a proposal. This programme closes the gap between what you know and how well you can say it, through repeated practice, feedback and measurable improvement.

Ideal for:

- Executives, Managers & Team Leads
- Entrepreneurs, Business Owners & Consultants
- Sales, Business Development & Customer-Facing Teams
- Project Teams & HR Professionals
- Young Professionals, Graduate Trainees & Job Seekers
- Anyone preparing for leadership or who presents regularly



Course Description

The Art of Public Speaking is a practical four-week programme of eight one-hour live sessions, built on a simple cycle: Learn, Demonstrate, Practise, Receive Feedback, Improve.

Participants speak and present in every session, are assessed at the start and the end, and finish with a seven-minute capstone presentation and live Q&A. Each participant receives presentation templates, individual feedback, an improvement report, a personal development plan and a Certificate of Completion.



Course Outline

- Module 1: Understanding Effective Communication
- Module 2: Structuring Messages That People Remember
- Module 3: Voice, Confidence & Vocal Presence
- Module 4: Body Language & Professional Presence
- Module 5: Designing Presentations That Communicate
- Module 6: Delivering Powerful Presentations
- Module 7: Q&A, Impromptu Speaking & Difficult Audiences
- Module 8: Final Presentation Showcase (Capstone)



Training Details

Duration: 4 Weeks

Training Fee: N300,000 (excluding tax)





Thank you



Hub 43, 2nd Floor 8, Jubilee way,
CMD Road Magodo Lagos



08033437278 ; 08094435952
info@alfred-victoria.com
www.alfred-victoria.com